



FALL WARM UP ICE

AUGUST 28 – SEPTEMBER 14, 2017

ONLINE REGISTRATION ONLY

<http://register.sherwoodparksksatingclub.ca>

If you have any questions – contact Katie Doherty
Email akdoherty@telus.net

Deadline: AUGUST 20, 2017

MON Aug 28	TUES Aug 29	WED Aug 30	THURS Aug 31	FRI Sept 1	Sat Sep 2
1:30-2:30 Sr Free 2:45-3:30 Sr Free 3:30-4:00 Sr Group	1:30-2:30 Sr Free 2:45-3:45 Sr Free 4:00-4:45 Sr Free 4:45-5:30 Int Free 5:30-5:45 Int Group 5:00-6:00 Sr yoga 6:00-6:45 Int yoga	1:30-2:30 Sr Free 2:45-3:45 Sr Free 4:00– 5:00 Sr Free 5:00-5:45 Int Free 6:00-6:45 Int Free	2:45-3:45 Sr Free 4:00-4:45 Sr Free 4:45-5:00 Sr Group 5:00-6:00 Int Free	1:30-2:30 Sr Free 2:45-3:45 Sr Free 4:00-4:45 Int Free 5:00-6:00 Sr Free 6:00-6:45 Int Free 6:45-7:00 Int Group 4:15-4:45 Sr Jump 5:15-5:45 Int Jump	NO SKATING
Mon Sept 4 NO SKATING	Tues Sept 5 1:30-2:30 Sr Free 2:45-3:45 Sr Free 4:00-4:45 Sr Free 4:45-5:45 Int Free 5:00-6:00 Sr yoga 6:00-6:45 Int yoga	Wed Sept 6 1:30-2:30 Sr Free 2:45-3:45 Sr Free 4:00-5:00 Sr Free 5:00-5:45 Int Free 6:00-6:45 Int Free	Thurs Sept 7 2:45-3:45 Sr Free 4:00-5:00 Sr Free 5:00-5:15 Sr Group 5:30-6:15 Int Free 6:30-7:15 Int Free	Fri Sept 8 1:30-2:30 Sr Free 2:45-3:45 Sr Free 4:00-4:45 Int Free 5:00-5:45 Sr Free 5:45-6:30 Int Free 6:30-6:45 Int Group 4:15-4:45 Sr Jump 5:15-5:45 Int Jump	Sat Sept 9 10:00-10:45 Int Free 10:45-11:00 Int Spins 11:15-12:00 Int Free 12:00-12:15 Int Group 12:30-1:30 Sr Free 1:45-2:45 Sr Free 2:45-3:15 Sr Group
Mon Sept 11 2:45-3:45 Sr Free 4:00-5:00 Sr Free 5:15-6:00 Int Free 6:15-7:00 Int Free	Tues Sept 12 1:30-2:30 Sr Free 2:45-3:45 Sr Free 4:00-5:00 Sr Free 5:00-5:45 Int Free 6:00-6:45 Int Free 5:15-6:15 Sr yoga 7:00-7:45 Int yoga	Wed Sept 13 1:30-2:30 Sr Free 2:45-3:45 Sr Free 4:00-5:00 Sr Free 5:00-5:45 Int Free 6:00-6:45 Int Free	Thurs Sept 14 2:45-3:45 Sr Free 4:00-5:00 Sr Free 5:00-5:15 Sr Group 5:30-6:15 Int Free 6:30-7:15 Int Free		

SKATER LEVEL / COST:	SPFSC member	Non-member
Senior – Passed JR Silver Free or higher, or Pre-Novice Competitive or higher	\$280.00	\$364.00
INT - PASSED PRELIMINARY FREESKATE or JUNIOR BRONZE or SENIOR BRONZE FREESKATE	\$220.00	\$286.00

